



## MASSAGE THERAPY CLIENT INTAKE FORM

*All information is kept strictly confidential as required by Federal Law*

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Occupation: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Phone: \_\_\_\_\_ Email (optional): \_\_\_\_\_

Address: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

Have you had a professional massage session before?  Yes  No

Are you currently being treated by a doctor for an illness?  Yes  No

If YES, please list reasons and treatments: \_\_\_\_\_

List all medications and supplements you are currently taking: \_\_\_\_\_

Are you experiencing any of the following today? Please check all that apply:

- |                                       |   |  |
|---------------------------------------|---|--|
| <input type="checkbox"/> Fever        | <input type="checkbox"/> Cold/flu                   | <input type="checkbox"/> Open cuts/ skin rash/ new tattoo  |
| <input type="checkbox"/> Severe pain  | <input type="checkbox"/> Recent surgery             | <input type="checkbox"/> Alcohol intake in the past 24 hrs |
| <input type="checkbox"/> Broken bones | <input type="checkbox"/> Sprained muscles           | <input type="checkbox"/> Strong emotional distress         |
| <input type="checkbox"/> Headache     | <input type="checkbox"/> Anything contagious: _____ |  |

Are you experiencing physical pain today? If YES, please explain: \_\_\_\_\_

Massage may be contraindicated or needs to be modified in certain conditions. Have you been diagnosed with any of the following? Please check all that apply:

- |  |   |                                   |                                   |  |
|--|---|-----------------------------------|-----------------------------------|--|
| <input type="checkbox"/> Arthritis     | <input type="checkbox"/> Blood clots        | <input type="checkbox"/> Cancer   | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Disk herniation |
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Immune dysfunction | <input type="checkbox"/> Seizures | <input type="checkbox"/> Stroke   | <input type="checkbox"/> Varicose veins  |

Please list all your surgeries: \_\_\_\_\_

Do you experience allergic reactions to any of the following? (Please check all that apply)

- |   |                                       |   |
|---|---------------------------------------|---|
| <input type="checkbox"/> Environmental  | <input type="checkbox"/> Nut products | <input type="checkbox"/> AC/forced air heat |
| <input type="checkbox"/> Essential oils | <input type="checkbox"/> Cosmetics    | <input type="checkbox"/> Other: _____       |

Are you pregnant?  Yes  No If YES, how many weeks: \_\_\_\_\_

***Please read and sign the Informed Consent Form. Thank you.***